

ART for INCLUSION

International Training Course

25th September – 2nd October 2016

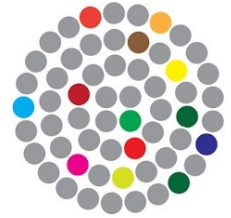
Modra-Harmónia, Slovakia



Infopack – Erasmus+

Key Action 1 – Youth workers mobility

Training course “ART for INCLUSION”



Dear Friends,

We are glad to invite you to our international training course ART for INCLUSION organized by Truc spherique/Stanica financed by the Erasmusplus Programme.

We invite you to this unforgettable experience hoping it will be filled with joy, good time and interesting encounters!

In this letter you will find all you need to know about its goals, program, information about accommodation, money reimbursement and other practical issues.

Why are we doing it?

One of the biggest challenges many young people face are the limited possibilities of those who did not start their life with the same privileges and same conditions as the others. Therefore the topic of social inclusion of young people with fewer opportunities is important for every youth worker. For young people with fewer opportunities, communication through art can be very helpful in improving their self-confidence, self-realization and self-awareness. Self-expression through art can be an easier and more direct form than verbal communication and expression through painting, music, dance, theatre can help immensely to expand their capacities.

Unfortunately in many countries, the use of these methods is not very widespread and youth workers often do not have chances to fully experience the positive impacts of creating art.

Truc spherique NGO is an open platform linking contemporary art with social development. For us contemporary arts and culture are means of creativity development, personal growth and discovering new forms of communication. We consider art a great tool for including variety of young people to get to know themselves better, to discover creativity and to become active in their communities.

About the TC ART for INCLUSION

The main aim

...is to equip youth workers and youth leaders with the competences to use artistic forms of expression as a tool for inclusion of young people with fewer opportunities



Objectives

- to explore the issue of exclusion in our societies and explore artistic tools to foster social inclusion
- to learn and experience artistic methods as tools for bringing positive change to personal and professional life of young people
- to create space for participants to share and explore artistic tools used in their realities
- to inspire participants to discover their own potential, use their creativity, imagination and skills
- to develop new artistic activities for more inclusive youth work
- to create network for future cooperation in creating new youth projects in Erasmus +

Methods

body movement, dance, music, visual arts, theatre, photography, creative mindfulness, discussion, reflection

Participants

- **24 youth workers**, youth leaders or volunteers involved in work with young people with fewer opportunities
- interested in learning how to use artistic tools as working methods with your target group
- interested in developing international cooperation and projects within Erasmus+
- able to communicate in English

3 participants per each country - 8 partner organisations: **Slovakia, Austria, Poland, Slovenia, Bulgaria, Italy, Armenia, Georgia**



How to apply

In case you want to participate in the training course, please fill in the online application form:

https://docs.google.com/forms/d/e/1FAIpQLSfnFsXs7jWM1u9Qms6WDDKNCRQRkvfS_jR1ljkVEdugHiPhzg/viewform?c=0&w=1

Deadline for applying : **15th August 2016**

Financial conditions

This project is financed by the Erasmus + Programme. Being selected for this training course means that all costs relevant to your participation will be covered by the hosting organisation, there is no participation fee. Depending on the distance to the venue in Slovakia you will receive a travel lump sum for each participant.

Country	Travel costs reimbursed up to
Armenia	360 EUR
Georgia	360 EUR
Poland	275 EUR
Bulgaria	275 EUR
Italy	275 EUR
Austria	180 EUR
Slovenia	180 EUR
Slovakia	180 EUR

Please note that we refund the travel costs earliest 8 weeks after the course (in case we have received all needed invoices and boarding passes) and only to the responsible organisational accounts!



Venue and its location



The training course will be held in the town **MODRA**, an old vineyard town 30 km north-east from Bratislava. Besides good wines, the town is famous also for its pottery industry, specially its blue-and-white porcelain.



Penzión Na Lúke (Guesthouse „On the meadow“) is situated close to the town Modra, quarter called Harmonia, on the foothill of Little Carpathian mountains.

<http://www.penzionnaluke.sk/ubytovanie.html>

In the accommodation there are 3-4 bed bedrooms with a separate bathroom. Bed linen will be provided.



How to get there

There is a direct connection to Modra-Harmonia from Bratislava Bus Station (called Autobusova stanica Mlynske Nivy). You can easily reach the bus station from Vienna Airport, Bratislava Airport (with 1 change) or Bratislava main train station.

From Vienna airport to Bratislava Bus Station

There are direct buses – Eurolines or Studentagency

Starting stop: Flughafen Wien

Final stop: Bratislava AS

http://www.eurolines.sk/fileadmin/user_upload/cestovne_poriadky/mal/sl/wiennka.pdf

<https://cestovnelistky.studentagency.sk/?1>

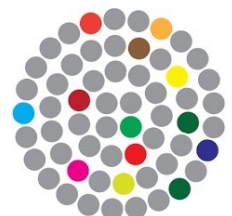
From Bratislava airport to Bratislava Bus Station

Take a bus number 61 to „Zimny stadion“ (Winter stadium) - 13th stop and there change to trolleybus number 205 – 6th stop to reach Bus Station (Autobusova stanica - Mlynske Nivy).

You will need 1 hour ticket for 0,90 €, you can buy it in machine at the bus stop at the airport. You will need coins.

From the main train station in Bratislava (Hlavna stanica) to Bratislava Bus Station

Trolleybus number 210, you can buy 15 min ticket for 0,70 €.



From Bratislava Bus Station to MODRA Harmonia

- there is a direct bus leaving from the platform **number 43**,
- it takes around 60-70 min. You have to leave the bus at the stop Modra - HARMONIA. Feel free to ask the driver.

From the bus stop turn right – up the road behind the Info centre (which doesn't work) and follow the sign Penzion na Luke. It is app. 1km from the bus stop /15min walk/. Here is the map:

<https://www.google.sk/maps/dir/48.356563,17.3098808/Penzi%C3%B3n+Na+I%C3%BAke,+Okru%C5%BE%C3%A1,+900+01+Modra-Harm%C3%B3nia,+Slovakia/@48.3584323,17.3058645,16z/data=!4m8!4m7!1m0!1m5!1m1!1s0x476c97c764877dob:0xd3281e184fa8ad61!2m2!1d17.301566!2d48.359051>



More info

As soon as you are selected for the training course, we will provide you more detailed information about the programme, what to bring, how to arrange your travel etc.

Contacts

Janka

In charge of the general coordination of the project, contact with the group leaders and the participants, logistics, facilitation.

Contact: +421 902 321721

jana.strichelova@gmail.com

Gohar

In charge of the methodical content of the project, visa arrangement, contact with the participants, facilitation.

Contact: +43 650 7434557

gohar.ghandilyan@gmail.com



If you have any further questions or doubts, don't hesitate to contact us! We will do our best to try to help you! We are looking forward to see you soon!